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by optimising use of fuel and electricity.

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Don't speed

The faster you drive the more fuel you will consume, especially if you are braking suddenly, or accelerating quickly. Make sure you drive at safe and moderate speeds in urban and suburban areas. Save the fast driving for highway travel - within the speed limit!



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Drive the right car

Let's face it, there are a lot of gas guzzlers sitting on showroom floors. If you want fuel economy, the best is to go for a smaller lighter car. While that V8 with all the trimmings might seem like the car for you, your petrol bill might leave you suicidal. Go for that little I300 and you could save a substantial amount of money.



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Walking instead of driving

We are becoming far too lazy these days. Instead of taking a nice brisk walk down to the local shop, we are too inclined to hop into the car and drive. While these short trips might seem like they're not hurting our wallets, in the long run, we are paying dearly for our laziness. Walking not only saves you valuable fuel money, but you'll be getting fitter in the process. It's a win-win situation. Depending on the safety levels of your neighbourhood – take the appropriate safety measures to ensure you don't become a crime statistic.



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The air conditioner

Yes, the weather can be unbearably hot in summer, but before you crank up that air conditioner why not roll down the window a bit first? You never know, it might make that slight difference you are looking for. Believe it or not, your air conditioner could be the reason you're living off dry bread and water for that last week of the month.



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Traffic jams

For some of us, traffic jams are something we've had to learn to live with. However, if you do have a choice, try and find alternative routes that are less congested. Sitting in traffic jams can definitely suck away your precious car juice very quickly. Keep your radio tuned in to those traffic reports and try and avoid congestion as much as possible. Does your employer offer alternative working hours – why not opt for off-peak hours?



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Get a bike

Yes, we recommend opting for a lighter car and car pooling. But if you want speed and you don't want to share your vehicle with colleagues, then maybe you should get a bike. Motorcycles are incredibly light on petrol, they're fast, and they can wind through those traffic jams in a jiffy. Just make sure you purchase decent safety equipment like a heavy jacket, shoes, and helmet (pay as much as you can afford for a helmet, after all it is protecting something very valuable).



Bicycles are equally recommended for those short trips around town. Biking incurs zero fuel costs in exchange for excellent exercise opportunities. Use biking lanes where possible – otherwise be aware of the dangers of riding among cars which are bigger, and faster!



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